



# FEBRUARY 2009

## Castaways Fly Fishing News

*The Mid-Island Castaways Fly Fishing Club – Parksville & Qualicum Beach, B.C.*

The Mid-Island Castaways Fly Fishing Club is a non-profit society formed in 1996 by a group of anglers in the Parksville/ Qualicum area. The purposes of the Club are;

- to practice & promote the sport of fishing with artificial flies
- to practice and promote the research, conservation and enhancement of all sport fish in British Columbia
- to support and encourage the preservation and enhancement of lakes, streams and beaches and the access thereto for the practice of fishing with artificial flies
- to encourage fellowship, ethics and sportsmanship amongst anglers.

### **Board of Directors For 2008 / 2009**

Chris Lee	President cla@christopherlee.com	752-7358
Larry Kilby	Vice president / Video Library kilby72@shaw.ca	752-3780
JIM ROIK	Secretary jroik@shaw.ca	752-0563
Bill Ratcliff	Treasurer billratcliff@shaw.ca	468-1750
Rich Roynez	BCFFF Representative vipcare@shaw.ca	738-0477
Bill Kreibom	Newsletter b_kreibom@yahoo.ca	667-4260

More information on Various Volunteers

Please refer to our Website  
@ [www.midislandcastaways.com](http://www.midislandcastaways.com)



### **February General Meeting**

**Date** Tuesday February 17

**PLACE** : Qualicum Civic Center

**LOCATION** : Qualicum Beach

**Doors Open** 7 pm

**Meeting Starts** 7:30 pm

**Speaker**: : Faye Smith

Stream keepers Activities and discussion.

### **March Meeting**

**SPEAKER: BCFFF** - Representative to present overview of the BCFFF.

### **Future events**

#### **February**

Steel Head fishing outing - possibly Stamp River - subject to weather conditions and fishing reports.

Subject to Interested. Contact Chris Lee [cla@christopherlee.com](mailto:cla@christopherlee.com) for further information.

#### **March**

March 11th, 2009 @ 7 PM Fly Tying Night

Malaspina College facilities in Parksville Town Hall - upstairs

Interested? Contact Bob McInnes at [r.j.mcinnnes@shaw.ca](mailto:r.j.mcinnnes@shaw.ca) for further information.

## **PRESIDENT ELECT CHRIS LEE**



With the Annual General Meeting fast approaching on February 17th, 2009, resulting in the election of a new Board, I would like on your behalf to thank those who allowed their names to stand for the 2008 Executive.

Larry Kilby - V.P. - Library and Fly Tying  
Jim Roik - Secretary  
Bill Ratcliff - Treasurer - Membership & Fly Tying  
Bill Kreibom - Director - Newsletter  
Rich Ronyecz - Director - BCFFF Rep.  
Bill Burton - Director - Events and Speakers. Club Survey  
Bob McInnes - Director -Fly Tying Coordinator

Also those who took on committee responsibilities should be recognized:

Ron Dodd - Coffee, 50/50 Draw, Nomination Committee  
Bill Rattray - Coffee, 50/50 Draw, Nomination Committee  
Rick Ring - Clothing

## FLY CASTING TIPS

By Brian Milne, About.com

<http://flyfishing.about.com/od/casting/tp/Five-Keys-to-Casting.htm>

Let's face it, you're not going to become a world-class caster by reading a quick blurb about casting on the Internet. Casting is an art that takes practice, and lots of it. But these basic pointers could certainly help improve your casting skills if you practice often. Here's a look at my five keys, or in this case Ps, to casting:

### \* Patience

The most important thing anglers need to realize when attempting a particular cast for the first time is that it's going to take time to get it down. I've been fly fishing nearly my entire life and it seems every time I go trout fishing I spook at least one fish because I either rushed a cast or didn't take enough time to study a drift.

### \* Practice

It makes perfect. You don't have to drive all the way out to your favorite stream to get in a little practice time with your favorite fly rod. In fact, it's probably better to avoid the water all together and practice your technique in the yard or at a nearby park. You could even practice in your own home if you take your rod apart and tie a 3-foot piece of yarn to the last rod piece. Using the end of the rod and yarn like a mini fly rod, calmly push the yarn out as if you're throwing a baseball. As the line nears full extension, pull the yarn back for the backcast as if you're pulling a pushpin out of the wall. Continue the push-and-pull technique until the yarn's path shows you have mastered the overhead cast.

### \* Position

Everyone has a unique casting style. Don't confuse style with technique. You'll know you're using the wrong technique if your wrist starts to hurt or your fly does a cannonball on the surface. There are three ways to grip a rod, pick the one that's most comfortable and works best for the type of water you fish most often. For the basic overhead cast, keep your wrist

locked straight and your elbow at your side.

Your elbow should remain at the same height as you push and pull the fly line back and fourth. The elbow can move forward and backward with the cast in a straight-line motion, but keeping it from bouncing up and down will help with the accuracy and distance of your casts.

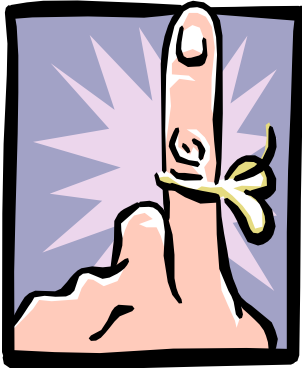
### \* Placement

Always cast perpendicular to your body. Rookie anglers who place one foot in front of the other, or try casting from side to side, are setting themselves up for failure. When practicing in the yard, try to get the fly to land on the surface directly in front of you and as gingerly as possible. Light casts mean heavy fish. Heavy casts mean no fish.

### \* Pickup

Many anglers don't realize that retrieving the line can be as important as casting it. In the morning and evening hours fish often feed on the surface and leaving the fly in the surface film for a second longer could make all the difference. During the rest of the day, fish hold at various depths and a slow retrieve or sinking line is the only way a fly is going to reach the strike zone. When you're fishing a body of water for the first time, ask around and see where the fish are holding throughout the day and then practice trying to locate those feeding zones with your fly.





## **2009 MEMBERSHIP DUES**

\* \$ 50 IS NOW DUE AND PAYABLE TO THE CLUB

Which gives you :

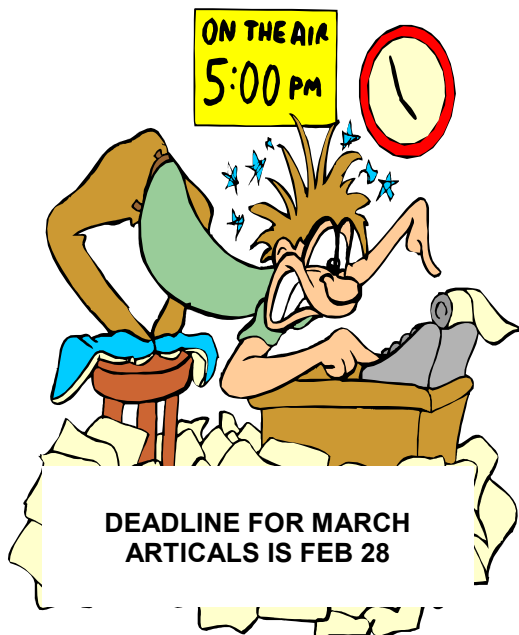
The subscription to the monthly newsletter,  
Dinners , fish outs, BBQ'S ETC and liability insurance Plus lots of  
other stuff such as discounts to various fishing stores .  
Further info contact Bill Ratcliff

Mid Island Castaways Fly Fishing Club members who have not paid their dues by Feb 28 , 2009 will be considered to be in arrears. And will have to pay \$60

The subscription to the monthly newsletter, \$3 million liability insurance, and all other club privileges will be cancelled as of that date. Immediate payment of the annual dues at \$ 60 will automatically reinstate normal club privileges.

### **Annual dues can be paid by mail to:**

Bill Ratcliff - Treasurer - Membership & Fly Tying  
Phone : 468-1750  
Phone Bill to obtain his address



HAPPY BIRTHDAY OR  
ANNIVERSERY

TO THOSE HAVING A BIRTHDAY  
OR AN ANNIVERSERY  
THIS MONTH